

# TIDES – DRAFT EVENING MENU

2 COURSES FOR THE PRICE OF YOUR MAIN

CHOOSE FROM EITHER A STARTER AND A MAIN OR A MAIN AND A DESSERT

YOUR CONFERENCE DINNER TICKET COVERS YOUR MEAL, FIRST DRINK, AND GRATUITY.

SIDES ARE INCLUDED WITH EACH MAIN DISH UNLESS MARKED WITH A \*

## STARTER

### LEMON & PEPPER CHICKEN WINGS

CRISPY PEPPER CHICKEN WINGS, CITRUS SLAW

### CAESAR SALAD

BABY GEM LETTUCE, BACON LARDONS, CLASSIC CAESAR DRESSING, PARMESAN, CROUTON (ADD SALT & CHILLI CHICKEN £2)

### SOUP OF THE DAY

HOMEMADE SOUP OF THE DAY, HOMEMADE WHEATEN BREAD

### ASIAN STYLE PULLED PORK BAO BUN

SLOW COOKED PULLED PORK, ASIAN STYLE GLAZE, SWEET PICKLED RED CABBAGE

### TIDES NACHOS

FRIED TORTILLA CHIPS, CHILLI GLAZE, CHEESE SAUCE

### SALT & CHILLI PRAWNS

CRISPY SALT & CHILLI PRAWNS, GARLIC MAYONNAISE, CHILLI OIL, PRAWN CRACKERS

### GARLIC CIABATTA

BAKED CIABATTA, ROAST GARLIC BUTTER, PARSLEY & GARLIC DIP

### RED PEPPER ARANCINI

BREADED RICE BALLS, ROAST RED PEPPER, SMOKEY GARLIC DIP

## MAIN

### TIDES BURGER

6OZ STEAK PATTY, TOBACCO ONIONS, TIDES BURGER SAUCE, LETTUCE, TOMATO, CHEESE, BACON, BRIOCHE BUN

20

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<b>MAPLE GLAZED GAMMON</b>	20
SWEET N SMOKEY GAMMON STEAK, GRILLED PINEAPPLE, FRIED EGG	
<b>SKIN ON DUCK BREAST*</b>	25
SKIN ON DUCK BREAST, CRISPY NOODLES, HOI-SIN DIPPING SAUCE	
<b>8OZ IRISH RUMP STEAK</b>	22
IRISH RUMP STEAK, TOBACCO ONIONS, CHOICE OF SAUCE	
<b>SLOW COOKED DAUBE OF BEEF*</b>	25
SLOW COOKED 10OZ IRISH BEEF DAUBE, BRAISED RED CABBAGE, CREAMY MASH, BEEF JUS	
<b>CHILLI BEEF RIGATONI*</b>	22
MARINADED CHILLI BEEF, CHILLI CREAM, RIGATONI PASTA, PARMESAN, TOBACCO ONIONS	
<b>CHILLI BEEF WRAP</b>	22
CHILLI MARINADED STRIPPED BEEF, FLOUR TORTILLA WRAP, GARLIC MAYONNAISE, COLESLAW	
<b>BEEF SPICE BOWL*</b>	23
CRISPY BEEF STRIPS, PEPPERS, CARROTS, CABBAGE, SALT N CHILLI CHIPS, CURRY SAUCE	
<b>BATTERED FISH OF THE DAY</b>	21
CRISPY BATTERED FISH OF THE DAY, PEA PUREE	
<b>TIDES SMOKIE*</b>	22
SMOKED FISH, WHITE WINE CREAM, CHERRY TOMATOES, PARMESAN, SCALLIONS, CHEDDAR, BABY POTATOES	
<b>HONEY GLAZED SALMON*</b>	22
HONEY GLAZED SALMON, BUTTERED VEG, TOASTED SESAME SEED, BOILED RICE	
<b>CURRIED COD LOIN*</b>	25
CRISPY CURRIED COD LOIN, GOLDEN BABY POTATOES, SPRING ONION, CREAMY TURMERIC SAUCE	
<b>PAN FRIED SEABASS*</b>	25
PAN FRIED SEABASS, CRUSHED BABY POTATOES, LEMON & DILL HERB OIL, CRISPY CAPER GARNISH	
<b>HONEY CHILLI CHICKEN NOODLES*</b>	22
CRISPY CHICKEN, HONEY CHILLI, PEPPERS, CARROT, CABBAGE, GARLIC, NOODLES, PRAWN CRACKERS	
<b>CHICKEN SPICE BOWL*</b>	20

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CRISPY CHICKEN STRIPS, PEPPERS, CARROT, CABBAGE, SALT & CHILLI CHIPS, CURRY SAUCE	
<b>CHICKEN GOUJONS</b>	20
BREADED CHICKEN STRIPS, CHOICE OF DIP	
<b>CHILLI CHICKEN RIGATONI*</b>	20
MARINADED CHICKEN STRIPS, CHILLI CREAM, RIGATONI PASTA, PARMESAN, TOBACCO ONIONS	
<b>CHICKEN MARYLAND</b>	22
BREADED CHICKEN, TOMATO, BACON, PINEAPPLE, BREADED BANANA, CORN, CHOICE OF SAUCE	
<b>CHILLI CHICKEN WRAP</b>	20
CHILLI MARINATED CHICKEN STRIPS, FLOUR TORTILLA WRAP, GARLIC MAYO, COLESLAW	
<b>BANG BANG CHICKEN*</b>	22
MARINADED CHICKEN, BABY CAESAR SALAD, TOASTED NAAN, CURRY MAYO	
<b>CHICKEN ESCALOPE</b>	20
PAN FRIED CHICKEN ESCALOPE, TOBACCO ONIONS, CHOICE OF SAUCE	
<b>CHICKPEA STEW* (VEGAN)</b>	20
MOROCCAN STYLE CHICKPEA STEW, ROAST CELERIAC CHIPS, APRICOT YOGHURT	
<b>ROAST CURRIED CAULIFLOWER* (VEGAN)</b>	20
CURRIED ROASTED CAULIFLOWER, CURRY AIOLI, ROCKET & SUN - DRIED TOMATO SALAD	
<b>FALAFEL BURGER (VEGAN)</b>	20
HOMEMADE FALAFEL BURGER, SHREDDED BABY GEM, SWEET TOMATO RELISH, NAAN	